

LEN
WEBBER MP
CALGARY CONFEDERATION



YOUR GOVERNMENT HANDBOOK

**A handy guide for
you to find the
help you need
when you need it.**

**Subscribe to my newsletter at
www.LenWebberMP.ca or scan here.**





Getting the help you need is always easier when your request is directed to the proper department, agency or program.

This special booklet highlights the most frequently contacted federal government programs and departments. By using the provided websites, telephone numbers and QR codes, you and your family can more easily find the federal government contacts you need. Please keep this booklet for future reference.

Before applying for benefits you should file your tax return(s). In addition to being a requirement for some programs, filing your tax return ensures you get your annual tax refund and a number of automatic support payments. If you don't file every year, you could be missing out on thousands of dollars.


If you have any questions about the programs in this booklet, please reach out to my office for assistance. As always, my staff and I would be pleased to help you.

In your service,

Len Webber, MP
Alberta Caucus Chair

*Please take the time
to return the survey in
this booklet postage-free.
Thank you!*

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 LenWebberMP.ca

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WHERE TO GET HELP

Your family can get assistance faster by directing your questions to the right place. Here is a list of some common issues and the level of government that handles them.

Municipal — City of Calgary

 www.Calgary.ca

 311



- Property Issues
- Local Road Maintenance
- Planning & Permits
- Economic Development
- Building Standards
- Parks & Recreation
- Waste Collection & Recycling
- Public Transit
- Police & Bylaw Enforcement
- Animal Control & Welfare

Provincial — Government of Alberta

 www.Alberta.ca

 310-0000 (from within Alberta)



- Birth/Marriage/Death Certificates
- Workplace Compensation Board
- Education, Training & Student Aid
- Healthcare
- Disability Supports
- Child & Family Services
- Vehicle Registration
- Traffic Safety Act

Federal — Government of Canada

 www.canada.ca

 1 800 O-Canada (1-800-622-6232)



- Indigenous Relations & Treaties
- Canada Revenue Agency
- Employment Insurance
- Guaranteed Income Supplement, Old Age Security & Canada Pension Plan
- Veterans Affairs
- Citizenship, Immigration & Passports
- Canada Border Services Agency
- Firearms Licensing
- Air, Rail & Marine Safety Regulations
- Telecommunications Regulations
- Canada Post
- Criminal Law
- National Defence

YOUR BENEFITS FINDER

 www.Canada.ca/Benefits

 1 800 O-Canada (1-800-622-6232)



The Government of Canada has many programs, services and grants available. Are you getting all your benefits?

Fortunately, there is a handy website that allows you to determine what benefits you may be entitled to by providing some quick information.

By visiting www.CanadaBenefits.gc.ca, and completing the quick multiple-choice questions, your possible benefits are short-listed and additional information is provided on how to apply.



In addition to federal programs and benefits, your customized results will also include many provincial programs and benefits.

Many who do not think they are eligible for any benefits are often surprised to find out that they are. Take a moment and ensure you are getting everything you are entitled to.

BUSINESS BENEFITS FINDER

 www.Innovation.Canada.ca

 1-833-201-4358 (toll-free in Canada)



The Government of Canada has over 1,600 programs, services and grants available for Canadian businesses of all sizes — including not-for-profit organizations. The Business Benefits Finder will help your family business maximize its full potential.

In just two minutes you can get a tailored list of government programs and services for your business. It's everything you need in one place. Give it a try today!

Employment & Career Resources

 www.JobBank.gc.ca


 1 800 O-Canada (1-800-622-6232)



The **Job Bank** has employment opportunities from across Canada and is a great way to find your next career. You can search for jobs by type, title, location, full-time or part-time. You can also filter for jobs catering to those with disabilities, newcomers, Indigenous people or for Canadian veterans. You can also set up alerts for new opportunities as they arise.

Update Your Address

 Canada.ca/en/government/change-address.html

 1-800-959-8281



It is important that you keep your address information current with the Government of Canada. For security and privacy reasons, mail is used as a primary communication method. They will also use mail to send you your credentials for online access.



Registered to vote? Check here!

 www.Elections.ca

 1-800-463-6868 (TTY 1-800-361-8935)



You can register at the polls when you go vote, but, if you register in advance you will receive a voter information card in the mail when a federal election is called. The voter information card tells you when, where and the ways you can vote. Having an up-to-date registration will also make the voting process faster.

MOST FREQUENTLY CONTACTED

SOCIAL INSURANCE NUMBER (SIN)



www.Canada.ca/ESDC



1-866-274-6627 (TTY 1-800-926-9105)



Scholarships & Grants



Canada.ca/en/services/finance.html



1 800 O-Canada (1-800-622-6232)



Get information and apply for undergraduate, graduate, doctoral and post-doctoral scholarships, awards and bursaries.

EMPLOYMENT INSURANCE (EI)



www.Canada.ca/EI



1-800-206-7218 (TTY 1-800-529-3742)



Employment Insurance (EI) provides benefits to those who lose their jobs through no fault of their own, and are able to work, but cannot find a job.

EI Caregiving Benefit provides assistance while you are off work to care for a critically ill or injured person, or someone needing end-of-life care. As a caregiver, you don't have to be related to or live with the person you care for, but they must consider you to be like a family member.

CANADA REVENUE AGENCY (CRA)



www.Canada.ca/CRA



1-800-959-8281 (TTY 1-800-665-0354)



MOST FREQUENTLY CONTACTED

Benefits for Seniors

 www.Canada.ca/Seniors

 1-800-277-9914 (TTY 1-800-255-4786)



The **Canada Pension Plan (CPP)** retirement pension is a monthly, taxable benefit that replaces part of your income when you retire. If you qualify, you'll receive the CPP retirement pension for the rest of your life.

The **Old Age Security (OAS)** pension is a monthly payment for those aged 65 or older. It is based on the amount of time you have lived in Canada after turning 18. This is an income-tested benefit and enrollment should be automatic.

The **Guaranteed Income Supplement (GIS)** is paid monthly to those 65 or older. It is based on income and is available to Old Age Security recipients with low income. It is not taxable.

In many cases, you will be notified by letter when you could start receiving the first payment. If you do not receive this letter the month after you turn 64, you may have to apply.

PASSPORT CANADA

 www.Canada.ca/Passport

 1-800-567-6868 (TTY 1-866-255-7655)



CITIZENSHIP & IMMIGRATION

 www.Canada.ca/immigration

 1-888-242-2100 (TTY 1-800-926-9105)



Government of Canada Contacts



www.canada.ca/en/contact.html



1 800 O-Canada (1-800-622-6232)



Accessibility Standards Canada

Administrative Tribunals Support Service of Canada



Agriculture and Agri-Food Canada (AAFC)

Atlantic Canada Opportunities Agency

Atlantic Pilotage Authority Canada

Atomic Energy of Canada Limited



Auditor General of Canada (Office of the) (OAG)



Bank of Canada (BOC)



Bank of Canada Museum

Blue Water Bridge Canada

Business Development Bank of Canada

Canada Agricultural Review Tribunal



Canada Agriculture and Food Museum



Canada Aviation and Space Museum



Canada Border Services Agency (CBSA)

Canada Council for the Arts

Canada Deposit Insurance Corporation

Canada Development Investment Corporation

Canada Economic Development for Quebec Regions

Canada Employment Insurance Commission

Canada Energy Regulator



Canada Firearms Centre (CAFC)

Canada Industrial Relations Board (IRB)

Canada Infrastructure Bank


Canada Lands Company Limited



Canada Mortgage and Housing Corporation (CMHC)




Canada Pension Plan (CPP)

Access the organizations listed here by using the QR code to reach their website or by calling Service Canada for assistance. Popular and frequent contacts are identified with a maple leaf. 


Canada Pension Plan Investment Board

 Canada Post

Canada Research Chairs

 Canada Revenue Agency (CRA)

Canada School of Public Service

 Canada Science and Technology Museum

Canada Water Agency

 Canadian Air Transport Security Authority (CATSA)

 Canadian Army

Canadian Centre for Occupational Health and Safety

Canadian Coast Guard

Canadian Commercial Corporation

Canadian Conservation Institute

Canadian Cultural Property Export Review Board

Canadian Dairy Commission

 Canadian Food Inspection Agency (CFIA)

Canadian Forces Housing Agency


Canadian Grain Commission

 Canadian Heritage (PCH)

Canadian Heritage Information Network

 Canadian Human Rights Commission (CHRC)

Canadian Human Rights Tribunal

 Canadian Institutes of Health Research (CIHR)

Canadian Intellectual Property Office

Canadian Intergovernmental Conference Secretariat

Canadian International Trade Tribunal













Canadian Judicial Council


Government of Canada Contacts

 www.canada.ca/en/contact.html

 1 800 O-Canada (1-800-622-6232)



-  Canadian Museum for Human Rights
-  Canadian Museum of History
-  Canadian Museum of Immigration at Pier 21
-  Canadian Museum of Nature
- Canadian Northern Economic Development Agency
- Canadian Nuclear Safety Commission
- Canadian Pari-Mutuel Agency
- Canadian Police College
- Canadian Race Relations Foundation
-  Canadian Radio-Television and Telecommunications Commission
-  Canadian Security Intelligence Service (CSIS)
-  Canadian Space Agency (CSA)
- Canadian Special Operations Forces Command
- Canadian Trade Commissioner Service
-  Canadian Transportation Agency (CTA)
-  Canadian War Museum
-  CBC/Radio-Canada (CBC)
- Chief Accessibility Officer (Office of the)
- Chief Military Judge (Office of the)
- Civilian Review and Complaints Commission for the RCMP
- Commissioner for Federal Judicial Affairs Canada (Office of the)
-  Commissioner of Lobbying of Canada (Office of the) (OCL)
-  Commissioner of Official Languages (Office of the) (OCOL)
- Communications Research Centre Canada
-  Communications Security Establishment Canada (CSEC)
- Communications Security Establishment Commissioner
-  Competition Bureau Canada (COBU)

Access the organizations listed here by using the QR code to reach their website or by calling Service Canada for assistance. Popular and frequent contacts are identified with a maple leaf. 

Competition Tribunal

-  Conflict of Interest and Ethics Commissioner (Office of the) (OCIEC)
- Copyright Board Canada
- CORCAN (Corrections Employment)
- Correctional Investigator Canada
-  Correctional Service Canada (CSC)
- Court Martial Appeal Court of Canada
- Courts Administration Service
-  Crown-Indigenous Relations and Northern Affairs Canada (CIRNAC)
- Defence Construction Canada
- Defence Research and Development Canada
-  Democratic Institutions
- Destination Canada
-  Digital Museums Canada
-  Elections Canada (Elections)
-  Employment and Social Development Canada (ESDC)
-  Environment and Climate Change Canada (ECCC)
- Environmental Protection Review Canada
- Environmental Protection Tribunal of Canada
-  Export Development Canada (EDC)
- Farm Credit Canada
- Farm Products Council of Canada
- Federal Bridge Corporation
- Federal Court of Appeal
-  Federal Court of Canada (FC)
- Federal Economic Development Agency for Northern Ontario
- Federal Economic Development Agency for Southern Ontario


Government of Canada Contacts


 www.canada.ca/en/contact.html

 1 800 O-Canada (1-800-622-6232)



-  Federal Ombudsperson for Victims Of Crime (Office of the)
-  Finance Canada (Department of) (FIN)
-  Financial Consumer Agency of Canada (FCAC)
Financial Transactions and Reports Analysis Centre of Canada
- Fisheries and Oceans Canada
- Freshwater Fish Marketing Corporation
-  Global Affairs Canada (GAC)
-  Governor General of Canada (GG)
Great Lakes Pilotage Authority Canada
-  Health Canada (HC)
Historic Sites and Monuments Board of Canada
-  Housing, Infrastructure and Communities Canada (HICC)
-  Immigration and Refugee Board of Canada (IRB)
-  Immigration, Refugees and Citizenship Canada (IRCC)
Impact Assessment Agency of Canada
Impact Canada
- Independent Review Panel for Defence Acquisition
- Indian Oil and Gas Canada
-  Indigenous Services Canada (ISC)
Industrial Technologies Office
- Information Commissioner (Office of the)
-  Innovation, Science and Economic Development Canada (ISED)
Intelligence Commissioner (Office of the)
- Intergovernmental Affairs
- International Development Research Centre
- Jacques Cartier and Champlain Bridges
- Judicial Compensation and Benefits Commission

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 Justice Canada (Department of) (JUS)

Labour Program

Laurentian Pilotage Authority Canada

Law Commission of Canada

Leader of the Government in the House of Commons

  Library and Archives Canada (LAC)

Management Advisory Board for the RCMP

Marine Atlantic

Measurement Canada

Military Grievances External Review Committee

Military Police Complaints Commission of Canada

National Arts Centre


National Battlefields Commission

National Capital Commission

 National Defence (DND)

  National Film Board (NFB)

 National Gallery of Canada

 National Research Council Canada (NRC)

National Security and Intelligence Review Agency

National Seniors Council

 Natural Resources Canada (NRCan)

Natural Sciences and Engineering Research Canada

Northern Pipeline Agency Canada

Occupational Health and Safety Tribunal Canada

Ombudsman for DND and the Canadian Armed Forces

Pacific Economic Development Canada

Pacific Pilotage Authority Canada

Government of Canada Contacts



www.canada.ca/en/contact.html




1 800 O-Canada (1-800-622-6232)



-  Parks Canada (PC)
-  Parliament of Canada
-  Parole Board of Canada
-  Passport Canada (PASSPORT)
-  Patented Medicine Prices Review Board Canada
-  Polar Knowledge Canada
-  Prairies Economic Development Canada (PrairiesCan)
-  Prime Minister of Canada (PMO)
-  Privacy Commissioner of Canada (Office of the)
Privy Council Office
-  Procurement Ombudsman (Office of the)
-  Public Health Agency of Canada (PHAC)
-  Public Prosecution Service of Canada
-  Public Safety Canada (PS)
-  Public Sector Integrity Commissioner of Canada (Office of the)
-  Public Sector Pension Investment Board
-  Public Servants Disclosure Protection Tribunal Canada
-  Public Service Commission of Canada
-  Public Service Labour Relations and Employment Board
-  Public Services and Procurement Canada (PSPC)
-  Registry of the Specific Claims Tribunal of Canada
-  Royal Canadian Air Force (RCAF)
-  Royal Canadian Mint (Mint)
-  Royal Canadian Mounted Police (RCMP)
-  Royal Canadian Mounted Police External Review Committee
-  Royal Canadian Navy (RCN)
-  Royal Military College of Canada



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-  Secretariat of the National Security and Intelligence Committee of Parliamentarians (NSICOP)
-  Service Canada (ServCan)
 - Shared Services Canada
 - Social Sciences and Humanities Research Council of Canada
 - Social Security Tribunal of Canada
 - Standards Council of Canada
-  Statistics Canada (StatsCan)
 - Superintendent of Bankruptcy Canada (Office of the)
 - Superintendent of Financial Institutions Canada (Office of the)
-  Supreme Court of Canada (SCC)
-  Tax Court of Canada (TCC)
-  Taxpayers' Ombudsperson (Office of the) (OTO)
-  Telefilm Canada
-  Transport Canada (TC)
 - Transportation Appeal Tribunal of Canada
-  Transportation Safety Board of Canada (TSB)
- Treasury Board of Canada Secretariat (TBS)
-  Veterans Affairs Canada (VAC)
-  Veterans Review and Appeal Board (VRAB)
 - Veterans' Ombudsman (Office of the)
-  VIA Rail Canada (VIA Rail)
 - Windsor-Detroit Bridge Authority
 - Women and Gender Equality Canada
 - Youth

LEN

WEBBER MP

CALGARY CONFEDERATION



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(Appointments are required)

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www.LenWebberMP.ca



Centre Block with the House of Commons side on the left and the Senate side on the right.